

# 5TH ANNUAL ADDICTION DAY CONFERENCE & NETWORKING FAIR

Friday APRIL 27, 2012

Red and White Club  
McMahon Stadium  
1817 Crowchild Trail NW  
Calgary, Alberta

[www.AddictionDay.ca](http://www.AddictionDay.ca)  
[www.cme.ucalgary.ca](http://www.cme.ucalgary.ca)



[www.albertafamilywellness.org](http://www.albertafamilywellness.org)



Office of Continuing Medical Education  
and Professional Development

Creating the future of health

## FACULTY

### KEYNOTES

Allen Berger PhD  
Clinical Psychologist, Author

*Dr Allen Berger is an internationally recognized expert on the science of recovery from addiction. He is best known for his work on emotional sobriety and integrating modern psychotherapy with the 12 Steps.*

R Andrew Chambers MD  
Associate Professor of Psychiatry, Indiana University School of Medicine

*Dr R Andrew Chambers is Associate Professor of Psychiatry and Fellow in Addiction Psychiatry at the Indiana University School of Medicine, Indianapolis, Indiana. He serves as an Assistant Medical Director for the Indiana State Division of Mental Health and Addiction and is an addiction psychiatrist with the Adult Dual Diagnosis outpatient clinic of Midtown Mental Health Center in Indianapolis. Andy's research explores the neural and developmental mechanisms underlying addiction vulnerability in mental illness and aims to contribute to a neuroscientific foundation upon which fully integrated mental health and addiction services and professional training efforts of the future may be built.*

Gabor Maté MD  
Physician, Author, Public Speaker

*Dr Gabor Maté is a physician and an international bestselling author with expertise on a range of topics; from addiction and attention deficit disorder (ADD) to mind-body wellness, adolescent mental health and parenting. Dr Maté weaves together scientific research, case histories and his own insights and experience to present a broad perspective that enlightens and empowers people to promote their own healing and that of those around them.*

### WORKSHOPS

Allen Berger PhD  
Clinical Psychologist, Author

David Crockford MD FRCPC DABAM FAPA  
Associate Professor, Department of Psychiatry, University of Calgary

Nady el-Guebaly MD DPsy DABAM FAPA FRCPC  
Professor and Head, Addiction Division, Department of Psychiatry, University of Calgary

Vincent Hanlon MD CCFP(EM)  
Assessment Physician, Physician and Family Support Program

Collin Harris  
Detective, Drug Unit, Calgary Police Service

David Hodgins PhD RPsych  
Professor and Head, Department of Psychology, University of Calgary

Diana Krecsy RN BN MEd  
Chief Executive Officer, Calgary Drug Treatment Court Society

Ron Lim MD CCFP DABAM CCSAM  
Assistant Professor, Department of Family Practice and Psychiatry, University of Calgary

Gabor Maté MD  
Physician, Author, Public Speaker

Rod Olfert BSW Med ICADC CCPA  
Knowledge Broker, Senior Research and Policy Analyst,  
Canadian Centre on Substance Abuse

**DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST** In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

## COURSE OVERVIEW

The vision of this course is to increase awareness of the expanding and integrating concept of addiction and its interplay with physical and mental health. It will be of interest to a variety of professionals in healthcare, education and research (physicians, emergency and urgent care staff, psychologists, researchers, social workers, nurses, pharmacists, mental health workers, rehabilitation workers, counsellors and educators).

## COURSE OBJECTIVES

- To develop a broader understanding of addiction and mental health
- To learn about new research in addiction and mental health
- To understand the bio-psycho-social-spiritual aspects of addiction
- To promote collaboration and discussion among all individuals with an interest in addiction
- To learn about resources available for follow-up and support for people with addiction

## COURSE OUTLINE

- 0730 Registration / Continental Breakfast
- 0810 Opening Remarks  
*Ann Crabtree, Naheed Nenshi*
- 0830 KEYNOTE PLENARY  
**Crossed Wires and Double Trouble:  
Neuroscience of Dual Diagnosis**  
*R Andrew Chambers*
- 0930 Nutrition Break / Networking Fair
- 0950 KEYNOTE PLENARY  
**The Hungry Ghost: A Biopsychosocial  
Perspective on Addiction**  
*Gabor Maté*

## COURSE OUTLINE

- 1100 WORKSHOPS #1-5  
PARTICIPANTS WILL BE ASSIGNED TO ONE WORKSHOP
1. Holistic and Kaleidoscopic: Exploring the Multidimensions of Addiction  
*Gabor Maté*
  2. Screening and Brief Interventions for Persons with Alcohol Use Disorders  
*David Crockford*
  3. Calgary Drug Treatment Court: Breaking the Cycle of Drug Use and Criminal Recidivism  
*Diana Krecsy*
  4. Vicarious Trauma in Clinical Practice: Practical Strategies for Physicians'/ Allied Health Professionals' Well-Being  
*Vincent Hanlon*
  5. The Benzodiazepine Monologues  
*Nady el-Guebaly, Ron Lim*
- 1200 Lunch / Networking Fair
- 1310 KEYNOTE PLENARY  
**Integrating Modern Psychotherapy with the  
12 Steps of Alcoholics Anonymous**  
*Allen Berger*
- 1420 WORKSHOPS #6-10  
PARTICIPANTS WILL BE ASSIGNED TO ONE WORKSHOP
6. Myths and Misconceptions of Working the 12 Steps: Therapeutic Interventions to Uncover and Work Through a Client's Resistance  
*Allen Berger*
  7. How to Develop a Relapse Prevention Plan for the Drug Addicted Person  
*David Crockford*
  8. Competencies in Action: Building Collaborative Systems of Care  
*Rod Olfert*
  9. Mobilizing Change: Screening and Brief Intervention for Gambling Problems  
*David Hodgins*
  10. My Drug Dealer Only Sells the Pure Stuff! Really!?! – Street Drugs in Calgary  
*Collin Harris*
- 1530 Closing Remarks  
*Ann Crabtree*

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

## PLANNING COMMITTEE

Ann Crabtree BSc(Hons) BEd MD – CHAIR  
Hugh Colohan MD FRCPC CCSAM  
David Crockford MD FRCPC DABAM FAPA  
Marcia Docherty MA  
Dawn Edwards BA  
Nady el-Guebaly MD DPsy DABAM FAPA FACP FRCPC  
Charl Els MBChB FCPsych MMedPsych (cum laude) ABAM MROCC  
Calder Fertig BA  
Ann Harding MSW RSW  
David Hodgins PhD RPsych  
Anne Lennox RN BScN MPH  
Ron Lim MD CCFP DABAM CCSAM  
Stacey Peterson RSW  
Dan Scott RN MN  
Robbin Sutherland BHSc Med  
Susan Ulan MD CCFP  
H Tuxephoni Winsor RN BN MHS

## GENERAL INFORMATION

### ACCOMMODATION

Registrants must make their own accommodation arrangements. We recommend:

#### Hotel Alma

169 University Gate NW, Calgary AB T2N 1N4  
Phone (403) 220 2588  
Toll Free 1 (877) 498 3203  
Email [stay@hotelalma.ca](mailto:stay@hotelalma.ca)  
[www.hotelalma.ca](http://www.hotelalma.ca)

To obtain the University rate of \$109 per night plus taxes, please indicate the promotion code CONTED and show your CME&PD course confirmation/receipt upon arrival. (Taxes include 4% Alberta Tourism Levy, 3% Destination Marketing Fee and 5% GST.)

### PARKING

The Red & White Club is located at the north end of McMahon Stadium. Visitor parking is available in the East parking lot for \$3.50/day.

### DRESS

Dress is business casual. Sweaters or items of clothing that can be layered are recommended since temperature in the venue may fluctuate.

### ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS).

## GENERAL INFORMATION

### STUDY CREDITS

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 6.0 MAINPRO-M1 credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved/co-sponsored by Continuing Medical Education and Professional Development, University of Calgary.

### CONFIRMATION OF REGISTRATION

On-line registration confirmation is automatic after registering on-line. A tax receipt will be sent approximately 2 weeks after registering.

For all other methods of registration (mail, fax) confirmation will be in the form of a tax receipt. No other confirmation will be sent. Please allow 2 weeks for registration processing.

### COURSE CANCELLATION POLICY

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

### REFUND POLICY

A registration refund will be made upon written request on or prior to April 12, 2012. However \$45 will be retained for administrative costs. No refund will be made for cancellation after April 12, 2012. NOTE: Refunds are processed only on the return of original receipt. All receipts must be returned within 30 days after program date.

### REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at (780) 482 2626 or 1 (800) 272 9680.

### FOR FURTHER INFORMATION

#### About Course Content, Contact

Carmen Kergan  
Phone (403) 220 6493  
[ckergan@ucalgary.ca](mailto:ckergan@ucalgary.ca)

#### About Registration, Contact

Phone (403) 220 7032  
[cmereg@ucalgary.ca](mailto:cmereg@ucalgary.ca)

### VISIT OUR WEBSITE

[www.cme.ucalgary.ca](http://www.cme.ucalgary.ca)

### CONFERENCE WEBSITE

[www.AddictionDay.ca](http://www.AddictionDay.ca)

*Support from the College of Physicians and Surgeons of Alberta is greatly appreciated*

**REGISTRATION FORM****5TH ANNUAL ADDICTION DAY CONFERENCE & NETWORKING FAIR**  
APRIL 27, 2012

<b>PROFESSION</b>	<b>FAMILY PHYSICIAN</b>	<b>SPECIALIST PHYSICIAN</b>	<b>PSYCHOL-OGIST</b>	<b>SOCIAL WORKER</b>	<b>NURSING</b>	<b>PHARMA-CIST</b>	<b>OTHER: SPECIFY</b>	<b>PLANNING COMMITTEE/FACULTY</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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<b>PAYMENT BY</b>	<b>CHEQ</b>	<b>AMEX</b>	<b>VISA</b>	<b>MASTERCARD</b>	<b>CARD NUMBER</b>			
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		<b>EXPIRY</b>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>		
<input type="checkbox"/>	Check here if you would like the above email address used to receive our monthly CME newsletter with course updates							

**REGISTRATION FEE** Includes continental breakfast, lunch, handout material and GST – UCalgary GST Registration #108102864RT0001

**On or Before April 12, 2012**

- ☐ \$220.50 – Physician  
☐ \$162.75 – Other Healthcare Professional

**After April 12, 2012**

- ☐ \$262.50 – Physician  
☐ \$199.50 – Other Healthcare Professional

**Resident / Student**

- ☐ \$120.75

*On-site registration is based on availability and is not guaranteed*

Please Note – Lunch will include a vegetarian selection. We are unable to accommodate special dietary restrictions (for example, gluten free, peanut allergies)

**REGISTER ON-LINE** <https://cmeregistration.ucalgary.ca>

**REGISTER BY MAIL** Mail Registration Form with payment to Office of Continuing Medical Education and Professional Development, Faculty of Medicine, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6  
*Cheque payable to UNIVERSITY OF CALGARY*

**REGISTER BY FAX** Registration with credit card payment only may be faxed to (403) 270 2330

**WORKSHOP SELECTIONS**

Choose 3, using "1" as your first choice; one workshop will be assigned

- ☐ 1. Holistic and Kaleidoscopic: Exploring the Multidimensions ...  
☐ 2. Screening and Brief Interventions for Persons with Alcohol ...  
☐ 3. Calgary Drug Treatment Court: Breaking the Cycle of ...  
☐ 4. Vicarious Trauma in Clinical Practice: Practical Strategies ...  
☐ 5. The Benzodiazepine Monologues

Choose 3, using "1" as your first choice; one workshop will be assigned

- ☐ 6. Myths and Misconceptions of Working the 12 Steps ...  
☐ 7. How to Develop a Relapse Prevention Plan for the Drug ...  
☐ 8. Competencies in Action: Building Collaborative Systems of Care  
☐ 9. Mobilizing Change: Screening and ... for Gambling Problems  
☐ 10. My Drug Dealer Only Sells the Pure Stuff! Really!? – Street Drugs ...

**FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT** Registration information is collected under the authority of the *Freedom of Information and Protection of Privacy Act*. The contact information you provide is required by our Office to register you in the course, prepare material and courses for your use, plan for future courses and notify you of similar, upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. Call the Research Associate at the Office of Continuing Medical Education and Professional Development (403) 220 4268 if you have questions about the collection or use of this information.

**REGISTRATION INFORMATION**

Phone (403) 220 7032, Email [cmereg@ucalgary.ca](mailto:cmereg@ucalgary.ca)