# 4TH ANNUAL Addiction Day Conference & Networking Fair

# INNOVATIONS AND ADVANCEMENTS

# Friday APRIL 29, 2011

Red and White Club McMahon Stadium 1817 Crowchild Trail NW Calgary, Alberta

www.AddictionDay.ca www.cme.ucalgary.ca



College of Physicians & Surgeons

Norlien Foundation





Office of Continuing Medical Education and Professional Development

Creating the future of health

# $\mathsf{F} \mathsf{A} \mathsf{C} \mathsf{U} \mathsf{L} \mathsf{T} \mathsf{Y}$

Stephen Amadala MB CHB FRCPC David Crockford MD FRCPC Marlene Donahue RN BScN MN Nady el-Guebaly MB ChB FRCPC Kasia Galperyn PhD RPsych Charlene Hellson BA Psych Meyen Hertzsprung PhD RPsych Andrew Isham MS Bryan Kolb PhD Tang Lee BArch MArch AAA MRAIC Don LeGatt PhD FCACB Kelly Rose BA James Scott MD MSc FRCPC Susan Ulan MD CCFP Jeth Weinrich Cam Wild PhD

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

# PLANNING COMMITTEE

#### CHAIR Ann Crabtree BSc(Hons) BEd MD

Barry Andres BA BEd MSC Dawn Bartolotti Raj Bhardwaj MD CCFP Brian Cram MD FRCPC David Crockford MD FRCPC Nady el-Guebaly MB ChB FRCPC Calder Fertig BA David Hodgins PhD Debbie Hyman RN BN Med Anne Lennox RN BSCN MPH Stacey Peterson RSW Diane Simpson PhD MDE Michael Trew MD FRCPC Susan Ulan MD CCFP Ingrid Vicas MD FRCPC H Tuxephoni Winsor RN BN

# COURSE OVERVIEW

The vision of this course is to increase awareness of the expanding and integrating concept of addiction and its interplay with physical and mental health, in both acute and long term time frames. It will be of interest to a variety of professionals in healthcare, education and research (physicians, first responder, emergency and urgent care staff, psychologists, researchers, social workers, nurses, pharmacists, mental health workers, rehabilitation workers, counsellors, and educators).

# COURSE OBJECTIVES

- To develop a broader understanding of addiction and mental health
- To learn about new research in addiction and mental health
- To understand the bio-psycho-social-spiritual aspects of addiction
- To identify, assess, and treat people with substance and behavioural addiction
- To promote collaboration and discussion among all individuals with an interest in addiction
- To learn about resources available for follow-up and support for people with addiction

## COURSE OUTLINE

- 0730 Registration & Continental Breakfast
- 0745 Opening Remarks Ann Crabtree

#### PLENARIES INCLUDE Q&A SESSIONS

- 0800 KEYNOTE PLENARY #1 Perception Management – 45 Minutes on How to Get the Most Out of Your Lies Jeth Weinrich (Canadian Filmmaker and Director)
- 0900 KEYNOTE PLENARY #2 Brain Plasticity and Addiction *Bryan Kolb*
- 1000 Coffee Break & Networking Fair

# COURSE OUTLINE

- 1030 WORKSHOPS #1-5 PARTICIPANTS WILL BE ASSIGNED TO ONE WORKSHOP
  - Group Cognitive Behavioural Therapy for Patients with Concurrent Depressive and Substance Use Disorders Kasia Galperyn, David Crockford & Kelly Rose
  - 2. Grow-ops: A Growing Concern for Occupant Health and Safety *Tang Lee*
  - 3. Compulsive Sexual Behaviour: Working with the Partners Meyen Hertzsprung & Stephen Amadala
  - 4. eSIM Who Are They and What Do They Do? *Marlene Donahue*
  - 5. The Canadian Opioid Guideline Can it Make Your Professional Life Easier? Susan Ulan
- 1130 Lunch
- 1230 Networking Fair
- 1300 WORKSHOPS #6-10 PARTICIPANTS WILL BE ASSIGNED TO ONE WORKSHOP
  - 6. Addictive Behaviour in Alberta: Update on the Prevalence Project *Cam Wild*
  - Clinical Toxicology Testing in Opioid Prescribing Don LeGatt
  - 8. Neuroimaging ... Your Brain on Drugs! *James Scott*
  - 9. Unpacking the BackPack *Charlene Hellson*
  - 10. Is There an Optimal Category for Behavioural Addictions in DSM-V? Nady el-Guebaly & David Crockford
- 1400 Nutrition Break & Networking Fair
- 1430 Innovations in Recovery Nady el-Guebaly
- 1450 PLENARY Innovations for Recovery: Developing and Testing a Smartphone Application to Prevent Relapse Andrew Isham
- 1600 Door Prizes & Adjournment

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

## GENERAL INFORMATION

#### ACCOMMODATION

Recommended hotel close to the Red & White Club:

Hotel Alma – University of Calgary 169 University Gate NW Call for Reservations 1 877 498 3203 or Email stay@hotelalma.ca

#### PARKING

Full day parking at the Red & White Club is available for \$3.00 in the East parking lot. Tickets can be purchased upon arrival at the outdoor machines.

#### ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS).

#### **STUDY CREDITS**

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 6.0 MAINPRO-M1 credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved/co-sponsored by Continuing Medical Education and Professional Development, University of Calgary.

#### **CONFIRMATION OF REGISTRATION**

On-line registration confirmation is automatic after registering on-line. A tax receipt will be sent approximately 2 weeks after registering.

For all other methods of registration (mail, fax) confirmation will be in the form of a tax receipt. No other confirmation will be sent. Please allow 2 weeks for registration processing.

#### **COURSE CANCELLATION POLICY**

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

#### **REFUND POLICY**

A registration refund will be made upon written request prior to April 4, 2011. However \$40 will be retained for administrative costs. No refund will be made for cancellation after April 4, 2011. NOTE: Refunds are processed only on the return of original receipt. All receipts must be returned within 30 days after program date.

# GENERAL INFORMATION

#### **REIMBURSEMENT OF REGISTRATION FEES**

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at (780) 482 2626 or 1 800 272 9680.

# FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT

Registration information is collected under the authority of the *Freedom of Information and Protection of Privacy Act*. The contact information you provide is required by our Office to register you in the course, prepare material for your use and notify you of upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. If you have questions about the collection or use of this information, call the Research Associate at the Office of Continuing Medical Education and Professional Development (403) 220 4268.

#### FOR FURTHER INFORMATION

About Registration, Contact Phone (403) 220 7032 Email cmereg@ucalgary.ca

**Course Information, Contact** Jannell Lee Phone (403) 220 3988 janlee@ucalgary.ca

Conference Website www.AddictionDay.ca

VISIT OUR WEBSITE www.cme.ucalgary.ca

Support from the College of Physicians and Surgeons of Alberta is greatly appreciated

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\$162.75 – Allied Health Professionals									1. Group Cognitive Behavioural Therapy for Patients with																

#### \$210.00 - Physicians

\$120.75 - Resident & Student

Please Note - Lunch will include a vegetarian selection. We are unable to accommodate special dietary restrictions (for example, gluten free, peanut allergies).

**REGISTER ON-LINE** https://cmeregistration.ucalgary.ca

**REGISTER BY MAIL** Mail Registration Form with payment to: Office of Continuing Medical Education and Professional Development, Faculty of Medicine, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6 Please make cheque payable to UNIVERSITY OF CALGARY

**REGISTER BY FAX** Registration with credit card payment may be faxed to (403) 270 2330

## **REGISTRATION INFORMATION**

Phone (403) 220 7032, Email c	cmereg@ucalgary.ca
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**REGISTRATION DEADLINE** April 4, 2011

1.	Group	Cognitive	Behavioural	Therapy	for Patients	with

2. Grow-ops: A Growing Concern for Occupant	Health
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- 3. Compulsive Sexual Behaviour: Working with the Partners
- eSIM Who Are They and What Do They Do? 4.
- The Canadian Opioid Guideline Can it Make Your ... 5.

Attendees will be assigned to one workshop. Indicate choice by numbering 3 items, using "1" as your first choice.

- Addictive Behaviour in Alberta: Update on the Prevalence Project 6. 7. Clinical Toxicology Testing in Opioid Prescribing
  - 8. Neuroimaging ... Your Brain on Drugs!
  - Unpacking the BackPack 9.
  - 10. Is There an Optimal Category for Behavioural Addictions in DSM-V?

See GENERAL INFORMATION for FOIP statement

CONFERENCE WEBSITE www.AddictionDay.ca CME WEBSITE www.cme.ucalgary.ca